

Calling all chapter members! Want to help your patients deal with side effects of cancer and treatment by becoming more physically active?

Engaging in physical activity can have significant benefits for cancer survivors. This can include improvements in fatigue, depression, sleep difficulties, cognitive impairment, bone density and lymphedema among others. In addition, for some types of cancer, physical activity can increase survival and improve post-treatment functioning and quality of life.

Come join your fellow chapter members at an educational program designed to prepare you to teach and set physical activity goals you're your patients across the cancer continuum.

When?

Where?

Time?

How to Register:



This program is being offered through the _____ Chapter of the Oncology Nursing Society for free as part of the ONS Chapter Programs in a Box initiative.

This activity has been submitted to the Oncology Nursing Society for approval to award contact hours. ONS is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's COA.